

CUET 2024
Previous Year Questions

1. According to Nature vs. Nurture studies, arrange the I.Q. of twins and siblings in order of high to low correlation:

- (A) Identical twins reared in different environments
- (B) Fraternal twins reared together
- (C) Identical twins reared together
- (D) Siblings reared apart
- (E) Siblings reared together

Choose the correct answer:

- 1. (C), (A), (B), (E), (D)
 - 2. (A), (B), (C), (E), (D)
 - 3. (B), (E), (C), (D), (A)
 - 4. (C), (E), (D), (B), (A)
-

2. Individuals with high _____ have been found to stop smoking the moment they decide to do so. What aspect of self is highlighted here?

- 1. Self-esteem
 - 2. Self-concept
 - 3. Self-efficacy
 - 4. Self-motivation
-

3. A highly motivated executive who lacks patience, feels short of time and is always burdened with work fits which personality type (Friedman & Rosenman)?

- 1. Type A
 - 2. Type B
 - 3. Type C
 - 4. Type D
-

4. Which characteristic does not determine the effect of noise on task performance?

- 1. Intensity
 - 2. Luminance
-

- 3. Predictability
 - 4. Controllability
-

5. Arrange the correct sequence of stages of processing on the basis of PASS Model of Intelligence:

- (A) Teacher announces a class test
- (B) Focused attention on reading and revising chapters
- (C) Planning a time schedule
- (D) Processing information simultaneously and successively
- (E) If planning is ineffective it is modified

Options:

- 1. (C), (B), (A), (D), (E)
 - 2. (B), (A), (C), (E), (D)
 - 3. (A), (B), (D), (C), (E)
 - 4. (A), (B), (E), (C), (D)
-

6. Match List-I with List-II

List-I	List-II
(A) Intellectual deficiency	(I) Prodigy
(B) Intellectually gifted	(II) Below IQ score of 70
(C) Remarkable ability in a specific field	(III) IQ above 130
(D) Highly talented	(IV) Talent

Options:

- 1. A-II, B-III, C-I, D-IV
 - 2. A-III, B-II, C-IV, D-I
 - 3. A-I, B-III, C-IV, D-II
 - 4. A-IV, B-III, C-II, D-I
-

7. Which personality theorist emphasized the concept of the fully functioning person and ideal self?

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1. Maslow
2. Rogers
3. Freud
4. Eysenck

3. (B), (C), (D), (A)
4. (C), (D), (B), (A)

8. "I am the one whose legs hurt." This is an example of which aspect of Self?

1. Self as a subject
2. Self as an object
3. Self as a knower
4. Self as known

12. Psychoneuroimmunology studies the effects of stress on the immune system. Identify correct statements:

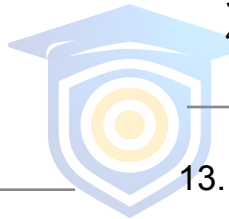
- (A) Leukocytes identify and destroy antigens
 (B) Stress does not affect NK cell cytotoxicity
 (C) Stress leads to production of antibodies
 (D) There are several kinds of leukocytes including T-cells, B-cells and NK cells
 (E) D-cells produce antibodies

Options:

1. (A), (B) & (C) only
2. (B), (C) & (D) only
3. (A), (C) & (D) only
4. (A), (B) & (E) only

9. Which level of IQ is considered Profound Intellectual Disability?

1. IQ 55–70
2. IQ 35–40 to 50–55
3. IQ 20–25 to 35–40
4. IQ below 20–25



13. Match List-I with List-II

10. Before running a marathon, David experiences a sudden surge of energy and excitement. Identify the term:

1. Distress
2. Eustress
3. Strain
4. Frustration

List-I

- (A) Task-oriented strategy
 (B) Emotion-oriented strategy
 (C) Avoidance-oriented strategy
 (D) Coping

List-II

- (I) Dynamic reaction to stress
 (II) Maintaining a time schedule
 (III) Worry about what I am going to do
 (IV) Talking to friends or watching TV

Options:

1. A-IV, B-IV, C-III, D-II
2. A-IV, B-II, C-I, D-III
3. A-III, B-II, C-IV, D-I
4. A-III, B-I, C-IV, D-II

11. Identify the correct sequence according to the General Adaptation Syndrome:

- (A) Resistance
 (B) Presence of a noxious stimulus
 (C) Alarm reaction
 (D) Exhaustion

Options:

1. (B), (C), (A), (D)
2. (C), (A), (B), (D)

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14. "How happy were you with your job on the whole?" Identify the type of question.

1. Close-ended question
2. Open-ended question
3. Direct question
4. Bipolar question

- (D) Client imagines fear situation
(E) Gradual exposure to severe fear

Options:

1. (B), (C), (A), (D), (E)
 2. (B), (C), (A), (E), (D)
 3. (A), (C), (B), (E), (D)
 4. (C), (D), (B), (A), (E)
-

15. A person who fears contamination and repeatedly cleans surfaces is suffering from:

1. Obsessive-Compulsive Disorder
2. Depressive Disorder
3. Post-Traumatic Stress Disorder
4. Somatic Symptom Disorder

19. Match therapies with founders:

List-I

List-II

(A) Logotherapy

(I) Frederick Perls

(B) Client-Centered Therapy

(II) Victor Frankl

(C) Gestalt Therapy

(III) Albert Ellis

(D) Rational Emotive Therapy

(IV) Carl Rogers

16. Treating alcoholism by pairing alcohol with mild electric shock is known as:

1. Negative reinforcement
2. Aversive conditioning
3. Systematic desensitization
4. Differential reinforcement

Options:

1. A-II, B-III, C-I, D-IV
 2. A-III, B-II, C-IV, D-I
 3. A-II, B-IV, C-I, D-III
 4. A-I, B-IV, C-II, D-III
-

17. Therapy in an accepting environment where the therapist believes the client can solve problems through personal growth:

1. Cognitive therapy
2. Behaviour therapy
3. Existential therapy
4. Psychodynamic therapy

20. Reena and Rabiya love dogs and form a group due to:

1. Proximity
 2. Similarity
 3. Status
 4. Self-esteem needs
-

18. Arrange steps in Systematic Desensitization technique.

- (A) Therapist relaxes client
(B) Interview to elicit fear situations
(C) Hierarchy of anxiety stimuli prepared

21. Arrange Tuckman's stages of group formation:

- (A) Norming
(B) Forming
(C) Storming
(D) Performing
(E) Adjourning
-

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Options:

1. B, C, A, D, E
2. B, A, C, D, E
3. A, B, C, E, D
4. B, E, D, A, C

22. Which of the following is NOT part of Gardner's Multiple Intelligence theory?

1. Musical
2. Componential
3. Interpersonal
4. Intrapersonal

23. Why are most Asian cultures characterised as collectivistic?

1. Boundary between self and others is fixed
2. Boundary between self and others is shifting
3. Clear dichotomy between man and nature
4. Self and group remain distant

24. According to Sheldon's typology, a fat, round and soft person belongs to which category?

1. Ectomorphic
2. Mesomorphic
3. Phlegmatic
4. Endomorphic

25. Judges giving higher scores to contestants already famous reflects:

1. Halo effect
2. Recency effect
3. Primacy effect
4. Rosenthal effect

26. Who devised the concept of Intelligence Quotient (IQ)?

1. Alfred Binet
2. Theodore Simon
3. William Stern
4. Lewis Terman

27–50

(The remaining questions include topics like self-concept, crowding, stress, eating disorders, neurodevelopmental disorders, attitude change, triarchic theory, PTSD, DSM classification, and passage-based questions, exactly as shown in the paper.)

From the remaining pages of your uploaded paper (CUET 2024 Psychology – 19 July Shift 1), here are Questions 27–50 written completely with options.

27. Match List-I with List-II

List-I	List-II
(A) Self-esteem	(I) The extent to which individuals believe they control their life outcomes
(B) Self-efficacy	(II) Judgements about our own value or worth
(C) Social-self	(III) The way we perceive ourselves and ideas about our attributes
(D) Self-concept	(IV) Familiar or relational self

Choose the correct answer:

1. (A-II), (B-III), (C-IV), (D-I)
2. (A-III), (B-IV), (C-I), (D-II)
3. (A-II), (B-I), (C-IV), (D-III)
4. (A-I), (B-IV), (C-II), (D-III)

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28. Which one is not a characteristic of crowding experience?

1. Loss in privacy
2. Loss of control over social interaction
3. Negative view of the space around a person
4. Feeling of comfort

29. According to Holmes and Rahe, arrange stressful life events in order of severity from highest to lowest:

- (A) Unexpected accident or trauma
- (B) Break-up with friend
- (C) Illness of family member
- (D) Death of a close family member
- (E) Change in eating habits

Options:

1. (D), (A), (C), (B), (E)
2. (D), (C), (A), (B), (E)
3. (D), (B), (A), (C), (E)
4. (B), (D), (A), (E), (C)

30. Beth hides food in her room, eats excessively and later induces vomiting. Which disorder is this?

1. Anorexia Nervosa
2. Body Dysmorphic Disorder
3. Bulimia Nervosa
4. Conduct Disorder

31. Identify the neurodevelopmental disorders:

- (A) Autism Spectrum Disorder
- (B) Intellectual Disability
- (C) Specific Learning Disorder
- (D) Hallucinations
- (E) Conduct Disorder

Options:

1. (A), (B) & (C) only
2. (A), (B) & (E) only
3. (A), (B), (C) & (D)
4. (A), (B), (C) only

32. Find the correct statements about alternative therapies:

- (A) Yoga is described in Patanjali's Yoga Sutras
- (B) Alternative therapies are treatment possibilities to conventional drug therapy or psychotherapy
- (C) Sudarshan Kriya helps substance abuse but not anxiety/depression
- (D) CBT and Rational-Emotive Therapy are alternative therapies
- (E) Vipassana meditation is mindfulness-based meditation

Options:

1. (A), (B) & (C) only
2. (B), (C) & (D) only
3. (A), (B) & (E) only
4. (C), (D) & (E) only

33. The concept of Balance in Attitude Change is explained below:

- (A) Fritz Heider proposed the P-O-X triangle
- (B) P = person, O = other person, X = attitude object
- (C) Attitude change occurs when imbalance exists
- (D) Imbalance occurs when all three sides are positive
- (E) Balance occurs when all sides are negative

Options:

1. (A), (B) & (D) only
2. (A), (B) & (C) only
3. (A), (B) & (E) only
4. (A), (D) & (E) only

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34. When people work together in a group and the bigger the group the less effort each person puts in, it is called:

1. Social facilitation
 2. Social loafing
 3. Social rejection
 4. Social participation
-

35. Elements of Triarchic Theory of Intelligence:

- (A) Proposed by Howard Gardner
(B) Intelligence involves adapting, shaping and selecting environments
(C) Three types: componential, contextual, experiential
(D) Componential intelligence = street smartness
(E) Experiential intelligence = using past experience creatively

Options:

1. (A), (B) & (D) only
 2. (B), (C) & (D) only
 3. (B), (C) & (E) only
 4. (B), (D) & (E) only
-

36. Advantages of Clinical Formulation:

- (A) Identification of treatment targets
(B) Understanding the client's status
(C) Understanding the problems
(D) To make money
(E) Choice of treatment techniques

Options:

1. (B), (C) & (E) only
 2. (C), (D) & (E) only
 3. (A), (B) & (C) only
 4. (A), (C) & (E) only
-

37. A person needing more alcohol to feel the same effect is showing:

1. Withdrawal
 2. Tolerance
 3. Poor quality alcohol
 4. Fixation
-

38. Recurrent dreams and flashbacks after seeing the Twin Towers destroyed are symptoms of:

1. Generalised Anxiety Disorder
 2. Post-Traumatic Stress Disorder
 3. Separation Anxiety Disorder
 4. Pre-Traumatic Stress Disorder
-

39. Some children sing better in groups while others perform worse. This is explained by:

1. Social facilitation
 2. Social loafing
 3. Social inhibition
 4. Social motivation
-

40. Which is not a core skill in psychological services?

1. Leadership skills
 2. Communication skills
 3. Psychological testing skills
 4. Counselling skills
-

41. Which factor affects shaping of attitudes in early years?

1. Reference group
 2. Personal experience
 3. Media-related influences
 4. Family and school environment
-

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42. Which component of attitude is highlighted when Sanyogita reads methods used by developed countries?

1. Affective
 2. Behavioural
 3. Cognitive
 4. Number
-

43. Identify the behavioural component of attitude displayed by Sanyogita:

1. Organising teachers and going door-to-door
 2. Reading about foreign methods
 3. Feeling distressed at careless people
 4. Students joining mission
-

44. When Sanyogita felt distressed at careless behaviour, which component is this?

1. Affective
 2. Behavioural
 3. Cognitive
 4. Effective
-

45. Identify the process of attitude formation demonstrated:

1. Learning through association
 2. Learning through group norms
 3. Learning through modelling
 4. Learning through exposure to information
-

46–50 (Second Passage)

A passage describes Major Chandra, an infantry soldier who experienced a terrorist attack and later suffered flashbacks and nightmares.

46. Identify the disorder Major Chandra is suffering from:

1. Conversion Disorder
 2. Post-Traumatic Stress Disorder
 3. Illness Anxiety Disorder
 4. Generalised Anxiety Disorder
-

47. Which of the following is also a Trauma and Stress-Related Disorder?

1. Adjustment Disorders
 2. Somatic Symptom Disorder
 3. Separation Anxiety Disorder
 4. Social Anxiety Disorder
-

48. Pick out other symptoms related to PTSD:

1. Paralysis
 2. Depressed mood
 3. Emotional numbing
 4. Exfoliation
-

49. Identify the category under which PTSD is classified:

1. Somatic Symptom Disorders
 2. Dissociative Disorders
 3. Bipolar Disorders
 4. Trauma and Stress-Related Disorders
-

50. Identify the official manual currently used to classify psychological disorders:

1. DSM-V
 2. ICD
 3. GSM-IV
 4. ISM-V
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