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Question 1. Match List I with List II and choose the correct answer.

List I (Dimensions)

- A. Contextual Intelligence
- B. Naturalistic Intelligence
- C. Spatial Relations
- D. Three dimensions of Intellectual Traits

List II (Theories of Intelligence)

- I. Structure of Intellect Model
- II. Triarchic Theory of Intelligence
- III. Theory of Multiple Intelligence
- IV. Theory of Primary Mental Abilities

Options:

- A. A-I, B-II, C-III, D-IV
  - B. A-IV, B-I, C-III, D-II
  - C. A-III, B-II, C-I, D-IV
  - D. A-II, B-III, C-IV, D-I
- 

Question 2. There is a general consensus among psychologists that intelligence is a product of complex interaction of \_\_\_\_\_.

Options:

- A. Heredity and learning
  - B. Heredity and environment
  - C. Culture and thought
  - D. Culture and heredity
- 

Question 3. Alfred Binet is associated with:

Options:

- A. Theory of Multiple Intelligence
  - B. Two-factor theory
  - C. Uni-factor theory
  - D. Triarchic theory of intelligence
- 

Question 4. Which one is not a part of componential intelligence (Sternberg, 1985)?

Options:

- A. Performance components
  - B. Behavioural components
- 

- C. Knowledge acquisition components
  - D. Metacomponents
- 

Question 5. William Shakespeare, Premchand and Rabindranath Tagore are famous writers whose works made them immortal. According to Gardner's Multiple Intelligence, identify their intelligence.

Options:

- A. Logical-mathematical
  - B. Spatial
  - C. Linguistic
  - D. Naturalistic
- 

Question 6. What are the characteristics of emotionally intelligent persons?

- A. Sensitive to their own feelings and emotions
- B. Can relate emotions to thoughts
- C. Understand the intensity of others' emotions
- D. Unable to perceive various types of emotions in others
- E. Do not understand the influence of emotions

Choose the correct answer:

Options:

- A. A, B and D only
  - B. A, B and E only
  - C. D, C and E only
  - D. A, B and C only
- 

Question 7. Arrange in order the intellectual activity that involves the interdependent functioning of three neurological systems of the brain.

- A. Psychology text is announced by the teacher
- B. You try to understand its meaning and learn the information
- C. Arousal/Attention compels you to focus and revise the lesson
- D. Planning is activated by scheduling a timetable

Options:

- A. A, B, C, D
  - B. A, C, B, D
-

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- C. D, B, A, C
  - D. B, A, D, C
- 

Question 8. According to Erich Fromm (Post-Freudian), human beings are:

- A. Purposeful and goal-directed
- B. Basically social beings
- C. Sexual aggressive beings
- D. Guided by inner aspirations

Options:

- A. A and B only
  - B. C and D only
  - C. D and E only
  - D. B and E only
- 

Question 9. Match List I with List II.

List I

- A. Disposition
- B. Trait
- C. Habit
- D. Values

List II

- I. Stable and persistent way of behaving
- II. Goals and ideals worth striving for
- III. Tendency to react in a particular way to a given situation
- IV. Overlearned modes of learning

Options:

- A. A-II, B-IV, C-I, D-III
  - B. A-III, B-I, C-IV, D-II
  - C. A-I, B-III, C-II, D-IV
  - D. A-IV, B-II, C-III, D-I
- 

Question 10. Freud proposed five stages of psychosexual development. Identify the correct order.

- A. Anal
  - B. Genital
  - C. Oral
- 

- D. Latency
- E. Phallic

Options:

- A. A, B, C, D, E
  - B. D, C, B, A, E
  - C. C, A, E, D, B
  - D. A, B, D, E, C
- 

From the uploaded paper (CUET UG Psychology, Section-1), here are Questions 11–25 written clearly in English with options.

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CUET UG Psychology (27-05-2023)  
Questions 11–25

Question 11. According to Morris, Type D personality is:

- 1. Prone to depression
- 2. Prone to cancer
- 3. High on energy
- 4. High on patience

Options:

- A. 1
  - B. 2
  - C. 3
  - D. 4
- 

Question 12. Vinu's personality attributes can be described as dutiful, truthful, disciplined, clean and detached. According to Charak Samhita, which guna does this represent?

Options:

- A. Sattva guna
  - B. Tamas guna
  - C. Rajas guna
  - D. Prakriti
- 

Question 13. Indian adaptation of TAT (Thematic Apperception Test) has been done by:

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Options:

- A. M.C. Joshi
  - B. Pramila Pathak
  - C. S. M. Mohsin
  - D. Uma Chaudhary
- 

Question 14. As individuals we always make a judgement about our own worth. This is an aspect of:

Options:

- A. Self-concept
  - B. Self-belief
  - C. Self-esteem
  - D. Self-confidence
- 

Question 15. Navin worked very hard to qualify the national level entrance exam. However on the day of the exam he wrote a blank paper and left without attempting it. When asked later he said nothing had happened. Navin's behaviour is an example of:

Options:

- A. Denial
  - B. Repression
  - C. Reaction formation
  - D. Rationalisation
- 

Question 16. After the COVID-19 pandemic, Vikas would feel stressed whenever he saw someone sneezing or coughing. According to the cognitive theory of stress appraisal, Vikas appraised the situation as:

Options:

- A. Possible harm
  - B. Emotional response
  - C. Cognitive response
  - D. Neutral
- 

Question 17. Shweta had to prepare a presentation next week which will be evaluated. She worked hard all week because she wanted to perform well.

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On the other hand Veena wanted to know about the presentation last night so that she could prepare. The type of stress experienced by Shweta is \_\_\_\_\_ and by Veena is \_\_\_\_\_.

Options:

- A. Distress, Eustress
  - B. Eustress, Distress
  - C. Strain, Eustress
  - D. Strain, Distress
- 

Question 18. One of the important sources of psychological stress results from blocking of needs and motives by someone or someone that hinders goal achievement. It is called:

Options:

- A. Frustration
  - B. Conflict
  - C. Internal pressure
  - D. Social pressure
- 

Question 19. According to the Holmes and Rahe stress scale, arrange the following life events in order of decreasing stress:

- A. Death of a close family member
- B. Unexpected accident or trauma
- C. Appearing for examination
- D. Change in eating habits

Options:

- A. D, C, B, A
  - B. A, B, C, D
  - C. A, B, D, C
  - D. D, C, A, B
- 

Question 20. Match List I with List II.

List I

- A. Assertiveness
  - B. Time management
  - C. Rational thinking
  - D. Self-care
-

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- List II
- I. A technique that helps communicate feelings clearly and confidently
  - II. A way to solve problems related to irrational beliefs
  - III. Helps reduce pressure by planning work
  - IV. A way to keep ourselves healthy
- Options:
- A. A-I, B-III, C-II, D-IV
  - B. A-II, B-III, C-IV, D-I
  - C. A-IV, B-II, C-I, D-III
  - D. A-I, B-I, C-III, D-IV
- A. A person has persistent body-related symptoms  
B. Continually worries about the symptoms  
C. Frequently visits doctors  
D. Experiences paralysis or blindness  
E. Preoccupation with developing illness
- Options:
- A. B, C, D only
  - B. A, B, C only
  - C. A, C, E only
  - D. B, D, E only
- 

Question 21. Chemicals that carry messages across the synapse to the dendrite of the receiving neuron are called:

- Options:
- A. Axons
  - B. Cell body
  - C. Neurotransmitters
  - D. Dendrites
- 

Question 22. Schizophrenia is the descriptive term for a group of:

- Options:
- A. Psychotic disorders
  - B. Neurotic disorders
  - C. Anxiety disorders
  - D. Personality disorders
- 

Question 23. An individual reporting loss of part or some bodily functions is a symptom of:

- Options:
- A. Dissociative disorder
  - B. Panic disorder
  - C. Mood disorder
  - D. Conversion disorder
- 

Question 24. Choose the correct statement about Somatic Symptom Disorder:

- Options:
- A. 1
  - B. 2
- 

Question 25. Match List I with List II.

List I (Period)

- A. Reformation
- B. Renaissance Period
- C. Organic Approach
- D. Middle Ages

List II (Description)

- I. Hippocrates, Socrates and Plato
- II. Increased humanism and curiosity about behaviour
- III. Demonology and superstition
- IV. Age of reason and enlightenment

Options:

- A. A-II, B-I, C-III, D-IV
  - B. A-IV, B-I, C-II, D-III
  - C. A-II, B-III, C-I, D-IV
  - D. A-IV, B-II, C-I, D-III
- 

From your uploaded paper (CUET UG Psychology – Section 1), here are the remaining MCQs: Questions 26–50.

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Question 26. Choose the correct option for identifying the features of a psychological disorder.

- 1. Deviance, danger, distress, dysfunction
- 2. Danger, distress, dysfunction, dependent
- 3. Danger, aggression, deviance, distress
- 4. Dependent, deviance, delusional, distress

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- C. 3
  - D. 4
- 

Question 27. The process of emotional unloading by the client which has healing properties is called:

Options:

- A. Sharing
  - B. Catharsis
  - C. Informed consent
  - D. Alleviating personal distress
- 

Question 28. Identify the therapy where the client is encouraged to recognise bodily processes and emotions blocked due to stress and develop self-awareness and acceptance.

Options:

- A. Alternative therapy
  - B. Gestalt therapy
  - C. Existential therapy
  - D. Client-centered therapy
- 

Question 29. According to the psychodynamic therapy, the cause of psychological disorders can be:

1. Faulty conditioning pattern
2. Intrapsychic conflict
3. Sense of futility of one's existence
4. Faulty thinking and belief

Options:

- A. 1
  - B. 2
  - C. 3
  - D. 4
- 

Question 30. The rationale behind \_\_\_\_\_ therapy is that the client's distress has its origin in the biological, psychological and social realms.

Options:

- A. Gestalt therapy
- 

- B. Cognitive behaviour therapy
  - C. Client-centered therapy
  - D. Logo therapy
- 

Question 31. Joseph was pulled up by his teacher for missing classes to play cricket during school hours. To modify his behaviour, the teacher praised him every time he submitted homework on time. Which behaviour technique is this?

Options:

- A. Aversion therapy
  - B. Token economy
  - C. Positive reinforcement
  - D. Systematic desensitisation
- 

Question 32. Match List I with List II.

List I (Modality of Treatment)

- A. Positive Transference
- B. Negative Transference
- C. Resistance
- D. Working Through

List II (Explanation)

- I. When client opposes progress of therapy due to recall of painful memories
- II. Repeated process of confrontation and interpretation
- III. Client begins to have feelings of love towards therapist
- IV. Client begins to have feelings of hostility towards therapist

Options:

- A. A-III, B-IV, C-I, D-II
  - B. A-II, B-IV, C-I, D-III
  - C. A-III, B-I, C-IV, D-II
  - D. A-I, B-III, C-II, D-IV
- 

Question 33. According to Festinger, attitude change happens when:

- A. It emphasises the cognitive component
  - B. Holding opposing ideas makes an individual feel something is out of tune
  - C. Cognitive components must be in consonance
-

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D. One of the ideas has to be changed to achieve consonance

Options:

- A. A, B, D, C
  - B. A, D, B, C
  - C. A, C, D, B
  - D. A, C, B, D
- 

Question 34. Research papers are mostly submitted on the last date declared by the department despite an earlier announcement. This technique of compliance is called:

Options:

- A. Foot-in-the-door technique
  - B. Deadline technique
  - C. Door-in-the-face technique
  - D. Obedience to authority
- 

Question 35. The minimal group paradigm experiment was developed by:

Options:

- A. Milgram
  - B. Triplet
  - C. Tajfel and his colleagues
  - D. Sherif
- 

Question 36. The term \_\_\_\_\_ refers to processes whereby our attitudes and behaviour are influenced by the real or imagined presence of others.

Options:

- A. Social cognition
  - B. Social influence
  - C. Social facilitation
  - D. Social inhibition
- 

Question 37. How is Prisoner's Dilemma used to study cooperation and competition?

- A. They are separated and given a chance to confess
  - B. If both confess, punishment is mild
- 

- C. Two suspects are questioned separately
- D. If one confesses, the other gets punished
- E. If neither confesses, both receive lighter punishment

Options:

- A. C A B E D
  - B. C B A D E
  - C. C A D B E
  - D. C A B D E
- 

Question 38. The ability to cope with situations where individuals compete for limited resources like space is known as:

Options:

- A. Crowding tolerance
  - B. Substance tolerance
  - C. Competition tolerance
  - D. Density
- 

Question 39. Which of the following is not a feature of crowding?

- A. Crowding may cause feeling of discomfort
- B. Crowding may lead to loss of privacy
- C. Individual may feel control over social interaction
- D. Crowding may result in positive view of space

Options:

- A. A only
  - B. B only
  - C. C, D only
  - D. A, C only
- 

Question 40. Tips to improve listening skills include:

- A. Be open to all ideas
- B. Respond in a hurry
- C. Control distractions
- D. Sit in a casual posture

Options:

- A. A, B only
  - B. C, D only
-

- C. A, C only  
D. C, B only

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Passage Based Questions (41–50)

Question 41. Read the passage and answer:

Ramesh had an intense fear of reptiles. Once he saw a lizard jump out of a cupboard. Since then he started avoiding rooms where he might encounter reptiles.

Identify the disorder.

Options:

- A. Generalised Anxiety Disorder  
B. Separation Anxiety Disorder  
C. Phobia  
D. Obsessive Compulsive Disorder

---

Question 42. Match the following disorders with examples.

List I

- A. Specific phobia  
B. Agoraphobia  
C. Social anxiety disorder  
D. Separation anxiety disorder

List II

- I. Fear of entering unfamiliar situations  
II. Extreme anxiety about separation from attachment figure  
III. Intense fear of reptiles  
IV. Fear and embarrassment while interacting with others

Options:

- A. A-III, B-I, C-IV, D-II  
B. A-II, B-IV, C-I, D-III  
C. A-III, B-II, C-I, D-IV  
D. A-I, B-III, C-II, D-IV

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## Comprehension

## Passage (Questions 41–50)

### Passage

Ramak always used to dislike and be afraid of reptiles. One day while he was trying to wear his shoes when a lizard jumped out of it. Since then he started getting scared of lizards all the time.

He could not control his fear whenever he saw a snake or lizard. His heart started pounding, he began sweating badly, and even fainted once when someone told him there was a lizard under his chair.

His family thought it was just a fear of reptiles, but gradually his fear became extreme. Because of this intense fear, his mother took him to a doctor who suggested that Ramak should seek help from a psychotherapist.

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### Questions

Question 41.

On the basis of the above case study, identify the disorder Ramak might be suffering from.

Options:

- A. Generalised Anxiety Disorder  
B. Separation Anxiety Disorder  
C. Phobia  
D. Obsessive Compulsive Disorder

---

Question 42. Match List I with List II.

List I (Disorder)

- A. Specific Phobia  
B. Agoraphobia  
C. Social Anxiety Disorder  
D. Separation Anxiety Disorder

List II (Description)

- I. Extreme anxiety about separation from attachment figure

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II. Ramak's extreme fear of reptiles  
III. Fear of entering unfamiliar situations  
IV. Intense and incapacitating fear and embarrassment when dealing with others

Options:

- A. A-II, B-III, C-IV, D-I
  - B. A-II, B-IV, C-I, D-III
  - C. A-III, B-II, C-I, D-IV
  - D. A-I, B-II, C-III, D-IV
- 

Question 43.

Which symptom of anxiety disorder is reflected when Ramak's heart started pounding and he began sweating?

Options:

- A. Physiological symptoms
  - B. Cognitive symptoms
  - C. Behavioural symptoms
  - D. Emotional symptoms
- 

Question 44.

The intense fear shown by Ramak toward reptiles represents:

Options:

- A. Social anxiety
  - B. Specific phobia
  - C. Panic disorder
  - D. Mood disorder
- 

Question 45.

Avoiding places where reptiles might be present is an example of:

Options:

- A. Avoidance behaviour
  - B. Compulsive behaviour
  - C. Hallucination
  - D. Delusion
- 

Question 46.

Which treatment approach is generally used to reduce phobic reactions?

Options:

- A. Psychoanalysis
  - B. Systematic desensitisation
  - C. Aversion therapy
  - D. Humanistic therapy
- 

Question 47.

The sweating and fainting experienced by Ramak when seeing reptiles indicates:

Options:

- A. Panic response
  - B. Mood disturbance
  - C. Personality change
  - D. Cognitive bias
- 

Question 48.

Which category of disorder does phobia belong to?

Options:

- A. Mood disorder
  - B. Anxiety disorder
  - C. Psychotic disorder
  - D. Personality disorder
- 

Question 49.

Seeking help from a psychotherapist suggests the use of:

Options:

- A. Psychological therapy
  - B. Medical surgery
  - C. Neurological testing
  - D. Drug abuse treatment
- 

Question 50.

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Which of the following best describes Ramak's fear?

Options:

- A. Irrational and excessive fear of a specific object
- B. Temporary sadness
- C. Mild discomfort
- D. Normal curiosity

